

21 Day Fast January 5-25, 2026

Week 1 – Galatians

- Day 1:** Galatians 1
- Day 2:** Galatians 2
- Day 3:** Galatians 3
- Day 4:** Galatians 4
- Day 5:** Galatians 5
- Day 6:** Galatians 6
- Day 7:** Galatians 1–6 (review or favorite verses)

Week 2 – Ephesians

- Day 8:** Ephesians 1
- Day 9:** Ephesians 2
- Day 10:** Ephesians 3
- Day 11:** Ephesians 4
- Day 12:** Ephesians 5
- Day 13:** Ephesians 6
- Day 14:** Ephesians 1–6 (review or favorite verses)

Week 3 – Colossians

- Day 15:** Colossians 1
- Day 16:** Colossians 2
- Day 17:** Colossians 3
- Day 18:** Colossians 4
- Day 19:** Colossians 1–2 (review)
- Day 20:** Colossians 3–4 (review)
- Day 21:** Galatians 5; Ephesians 2; Colossians 3