

21 Day Fast January 5-25, 2026

Week 1 – Galatians

- ☐ **Day 1:** Galatians 1
- ☐ **Day 2:** Galatians 2
- ☐ **Day 3:** Galatians 3
- ☐ **Day 4:** Galatians 4
- ☐ **Day 5:** Galatians 5
- ☐ **Day 6:** Galatians 6
- ☐ **Day 7:** Galatians 1–6 (review or favorite verses)

Week 2 – Ephesians

- ☐ **Day 8:** Ephesians 1
- ☐ **Day 9:** Ephesians 2
- ☐ **Day 10:** Ephesians 3
- ☐ **Day 11:** Ephesians 4
- ☐ **Day 12:** Ephesians 5
- ☐ **Day 13:** Ephesians 6
- ☐ **Day 14:** Ephesians 1–6 (review or favorite verses)

Week 3 – Colossians

- ☐ **Day 15:** Colossians 1
- ☐ **Day 16:** Colossians 2
- ☐ **Day 17:** Colossians 3
- ☐ **Day 18:** Colossians 4
- ☐ **Day 19:** Colossians 1–2 (review)
- ☐ **Day 20:** Colossians 3–4 (review)
- ☐ **Day 21:** Galatians 5; Ephesians 2; Colossians 3